

# Designs for clinical trials on cancer

#### Part 2 of 2

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#### The 23<sup>rd</sup> JCOG Clinical Trial Seminar 10/10/2020

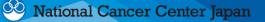
\* Japan Clinical Oncology Group (https://jcog.jp/en/)





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Outline



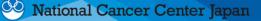
# Anticancer drug development flow and endpoints

- Phase I designs
- Phase II designs
- Phase III designs

### **Purpose and Overview of Phase II Trials**

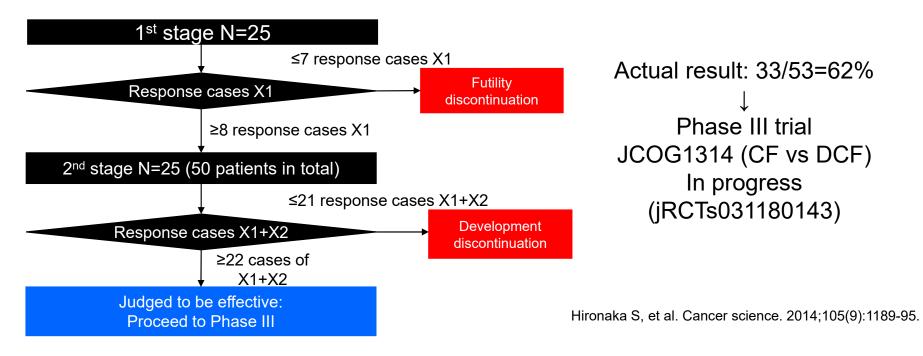
- Purpose: To decide whether to proceed to Phase III
  - Does the study treatment have efficacy that is likely superior to that of the standard treatment?
  - Enhancement of the toxicity profile that was not observed in Phase I
  - Optimization of the dosage, usage, treatment modification criteria, etc.
- Typical design
  - Target: Limited cancer types
  - Number of patients enrolled: 20-60 patients
  - Participating facilities: A larger number of facilities than that in Phase I
  - Short-term endpoints (<u>response rate</u>, etc.) by RECIST in a <u>single-arm trial</u>
    - To decide whether to proceed to Phase III as soon as possible
    - Screening for <u>efficacy</u>
    - Premise: Tumor response is an alternative for the prolongation of prognosis (OS)

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#### Single-Arm Design using Threshold and Expected Value

- Threshold: If the drug/treatment is only effective at this level, its development is not worthwhile to be continued.
- Expected value: If the drug/treatment is effective at this level, its development is worthwhile to be continued.
- The primary endpoint is the response rate.
- Considering the futility stopping of the ongoing trial (two-stage design)
- Example: JCOG0807 (DCF therapy for unresectable recurrent esophageal cancer)
  - Threshold=35% (response rate of CF therapy), expected value=50%, α=10%, statistical power=80%



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#### Is single-arm suitable?

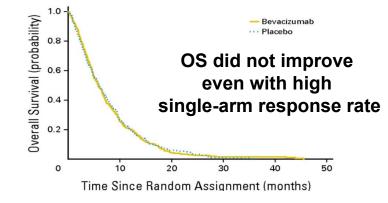
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#### Is response rate suitable?

To Phase III

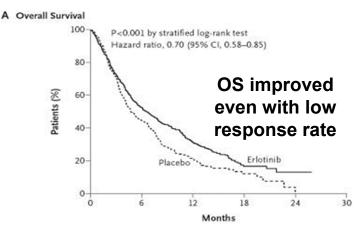
- Unresectable pancreatic cancer
  - Results of single-arm Phase II trial
  - Response rate
    - Bevacizumab group: 21%
    - Gemcitabine monotherapy (standard treatment at the time): <10%</li>

Kindler, Hedy L., et al. JCO 2005;23





- Previously treated stage IIIB/IV nonsmall cell lung cancer
  - Results of a randomized controlled Phase
     III trial
  - Response rate
    - Placebo group: 0.7%
    - Erlotinib group: 8.2%



Shepherd FA et al. N Engl J Med 2005;353:123-132.

Why not use annual survival rates or annual <sup>Se National Cancer Center Japan</sup> progression-free survival rates in single-arm trials?

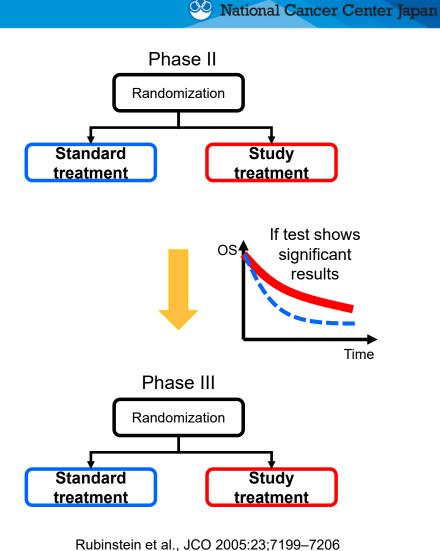
- Annual survival rate (e.g., 1-year survival rate)
  - Variation is likely to occur depending on the general conditions of the enrolled patients.
  - Easily influenced by subsequent treatment
- Annual progression-free survival rate (e.g., 1-year progression-free survival rate)
  - Imaging intervals easily influence the objective tumor response
  - Definition of progression in some diseases varies between trials and groups
    - Definitions of PSA levels and progression of pain in prostate cancer are unclear.

### → Difficult to compare with historical controls

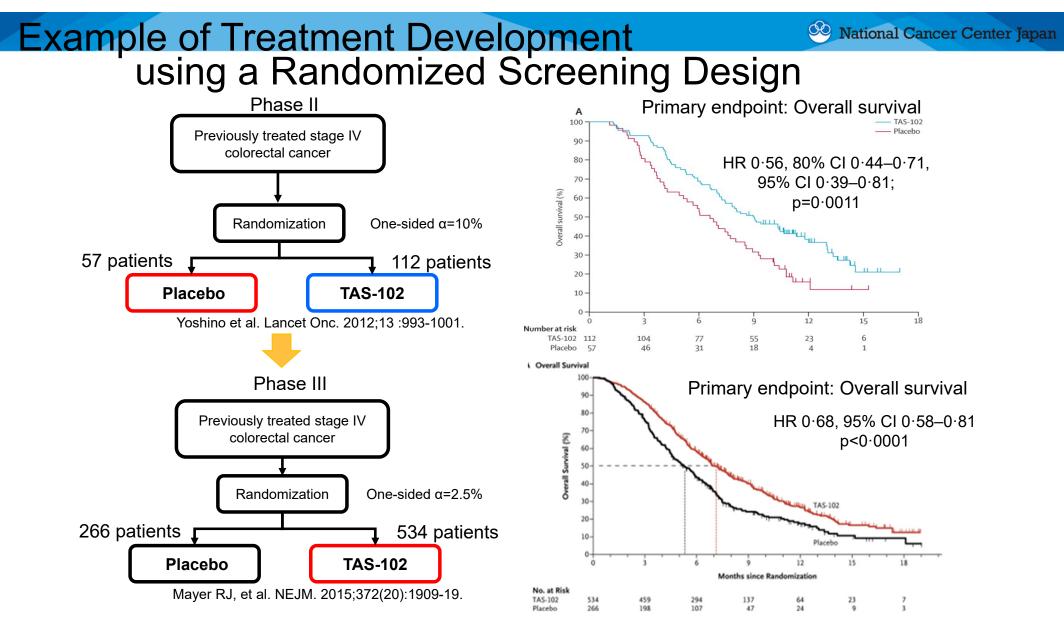
Green et al., Clinical trials in Oncology, Third edition, Chapman&Hall/CRC

# **Randomized Screening Design**

- Randomized <u>standard treatment</u> and <u>study</u> treatment
- The number of patients enrolled is greater than that in single-arm trials and fewer than that in Phase III
  - About 100-200 patients
  - Slightly larger significance level,  $\alpha$  error (10-20%)
- Endpoints
  - PFS is used in many cases.
  - OS and response rate are used occasionally.
- It is not a small-scale Phase III
  - Preliminary test prior to Phase III
  - Phase III is required even if significant results are obtained



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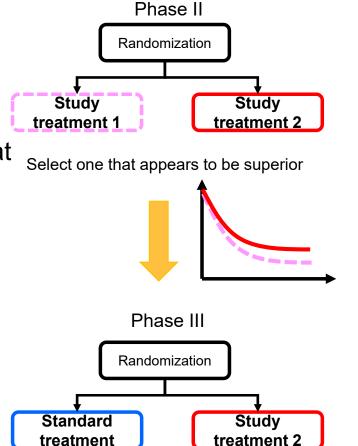


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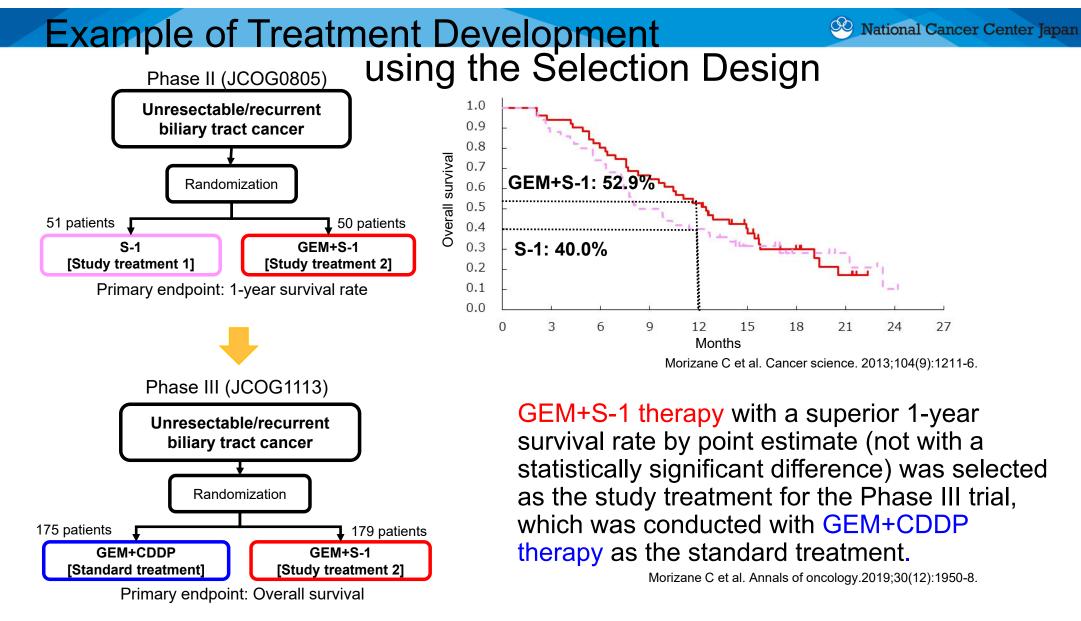
#### **Randomized Selection Design**

- Used to select one of the multiple study treatment candidates for Phase III
- Randomization between multiple <u>study</u>
   <u>treatments</u>
- Number of patients enrolled: equivalent to that in about two single-arm Phase II trials
  - About 100 patients as a guide
- Endpoints
  - Response rate, 6-month progression-free survival rate, 1-year survival rate, etc.
- Treatment that is even slightly more effective is selected.
  - Confident that it is not worse than other study treatments



Simon R, Wittes RE, Ellenberg SS. Cancer Treat Rep. 1985;69(12):1375-81.

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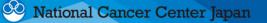
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# Summary of Phase II Trial Designs

- Phase II trials primarily involve screening of candidate drugs by **<u>efficacy</u>**
- If there is adequate historical controls:
  - Single-arm trial with response rate as the primary endpoint
  - Two-stage design considering futility stopping
- Randomization if there is no adequate historical control
  - <u>Screening design</u> with randomized standard and study treatments
  - Phase III is required even if a large effect is observed and is significant
- Randomization if there are multiple study treatment candidates
  - <u>Selection design</u> with randomized <u>study treatments</u>
  - Next, Phase III for comparison against the standard treatment is required.

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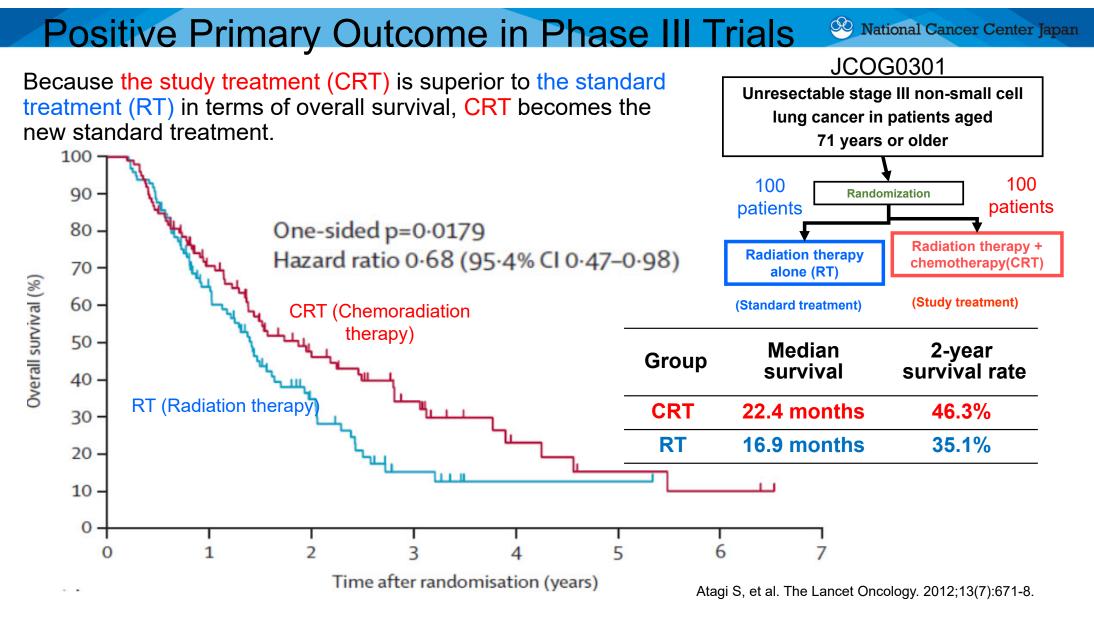
#### Outline



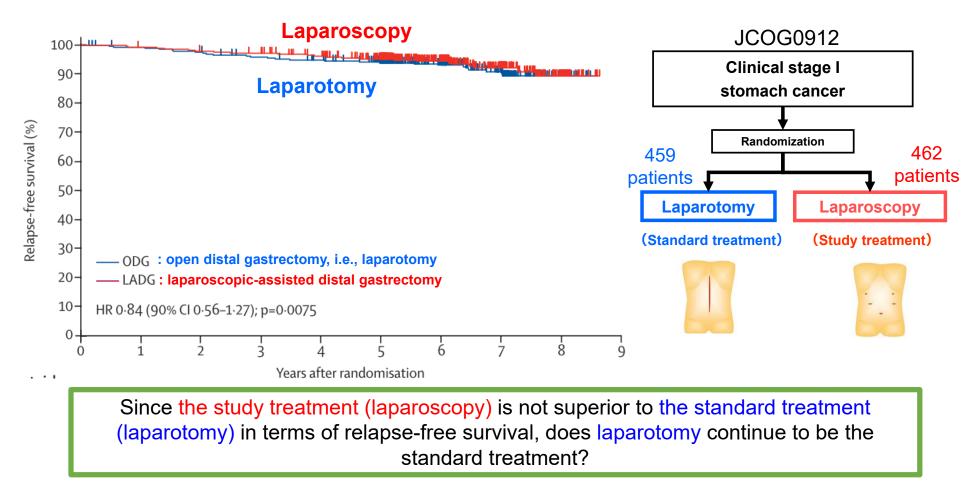
# Anticancer drug development flow and endpoints Phase I designs Phase II designs Phase III designs

# Purpose and Overview of Phase III Trials

- Purpose
  - To determine whether the study treatment is going to become the standard treatment (or receive approval)
- Typical design
  - Target: Patients meeting broader eligibility criteria than Phase I or Phase II criteria
    - Considering the extent to which the conclusions drawn are applicable (<u>generalizability</u> [<u>external validity]</u>)
  - Number of patients enrolled: Several hundred to several thousand patients
  - Participating facilities: Including general hospitals
  - Endpoints: OS, relapse-free survival, etc.
    - True endpoints that directly reflect a patient benefit
  - Ensuring **comparability** by **randomization**

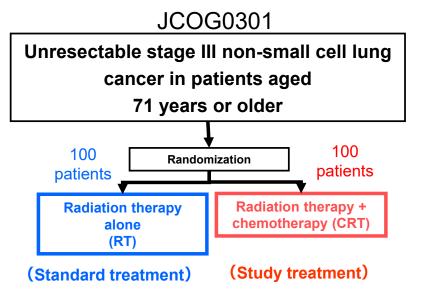


#### Does the study treatment need to be superior ? National Cancer Center Japan



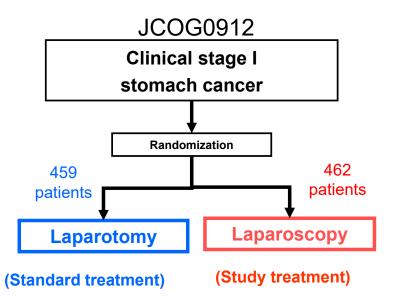
Katai et al., Lancet Gastroenterol Hepatol. 2020;5(2):142-51. https://www.ncc.go.jp/jp/ncch/clinic/gastric\_surgery/020/index.html

# Comparison Types: Superiority and Non-Inferiority Trials



#### **Superiority trial**

- Study treatment <u>must be superior</u> in efficacy.
- Study treatment has a higher toxicity than standard treatment (<u>Toxic new</u>).



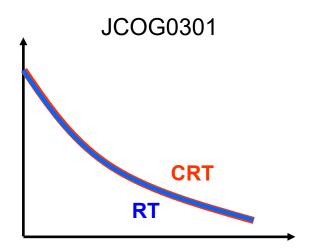
#### **Non-inferiority trial**

- Study treatment is preferred if its efficacy is not inferior by a certain degree.
- Study treatment has lower toxicity than standard treatment (<u>Less toxic new</u>).

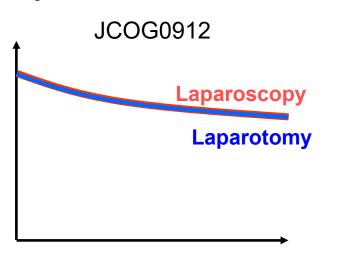
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If **CRT (toxic new)** has high toxicity and requires a lot of time and effort for treatment and if **RT** has the same **overall survival**, then **RT** is the standard treatment .  $\rightarrow$  **Superiority trial**  If **laparoscopy** (less toxic new) results in smaller scars and has the same **relapse-free survival** as **laparotomy**, then **laparoscopy** is the standard treatment.

 $\rightarrow$  Non-inferiority trial

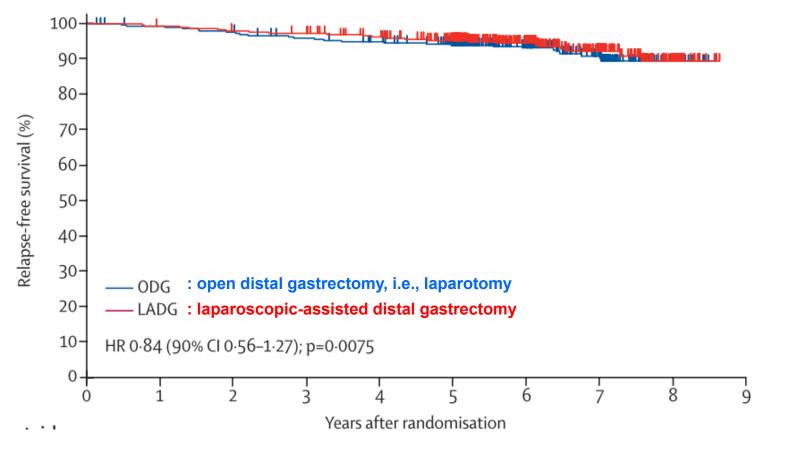


- Selecting standard treatment → Superiority trial
   Selecting study treatment → Non-inferiority trial
- When planning a trial
   Decision-making in the context of overlapping efficacy endpoints (survival curves)



# Example of Non-Inferiority Trial: JCOG0912

Because the study treatment (laparoscopy) is not inferior to the standard treatment (laparotomy), laparoscopy becomes the new standard treatment.





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#### Review Questions: Please choose YES or NO<sup>®</sup> National Cancer Center Japan

- 1. CRM is a Phase II trial design.
- 2. Screening design is one of the Phase II trial designs comparing the standard treatment and study treatment.
- 3. A non-inferiority trial involves a type of comparison used when the study treatment is "less toxic new."
- 4. In selection design, when tests show significant results, the trial is proceeded to Phase III.

#### Review Questions: Please choose YES or NO<sup>®</sup> National Cancer Center Japan

1. CRM is a Phase II trial design.

NO

- 2. Screening design is one of the Phase II trial designs comparing the standard treatment and study treatment. YES
- 3. A non-inferiority trial involves a type of comparison used when the study treatment is "less toxic new."

YES

4. In selection design, when tests show significant results, the trial is proceeded to Phase III. NO

#### Take-Home Messages

- Phase I: Any cancer types, high patient risk, single to a few specialized facilities
  - Screening by <u>safety</u>: Toxicity (DLT) as an endpoint
  - Determination of the recommended dose
- Phase II: Cancer type-specific, medium patient risk, a limited number of facilities, mainly specialized hospitals
  - Screening by <u>efficacy</u>: Response rate, etc., as an endpoint
  - Is there a reliable historical control?
    - Yes: Single-arm
    - No: Randomized screening design with standard treatment
  - Prioritization of study treatments: Selection design
- Phase III: Cancer type-specific, low patient risk, many facilities, including general hospitals
  - Final match against conventional standard treatment: Evaluation using true endpoints
  - Superiority trial: Standard treatment vs. "toxic new" study treatment
  - Non-inferiority trial: Standard treatment vs. "less toxic new" study treatment

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